



P2

# YEAR HEAD SESSION

30 Jan 2026





# Presentation outline

- P2 Level Programmes for the Year
- General Matters
- School-Parent Partnership



# AIMS OF PRIMARY EDUCATION

- Lay a strong foundation
- Nurture well-rounded individuals and passionate lifelong learners
- Prepare the child for the future





# P2 Level Programmes

## Primary 2

- 1) Executive Functioning Workshop
- 2) Values In Action Programmes
- 3) Learning Journeys (FTs will brief)
- 4) Learning for Life Programmes (LLP)
- 5) Applied Learning Programmes (ALP)



# Executive Functioning

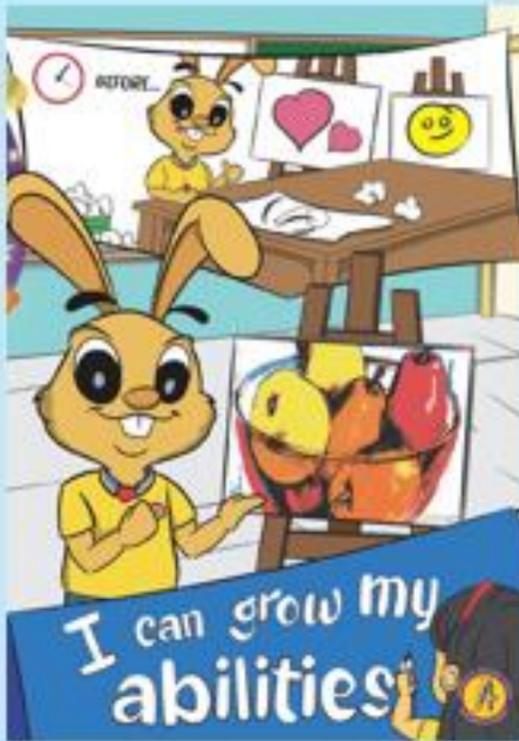
## Alert

- Alert to instructions
- Alert to belongings
- Understanding the Habit

## As a Listener

- Listen completely
- Listen actively

# Learning for Life Programme (LLP): Performance Character



## Growth Mindset



Growth Mindset is the belief that I can learn and grow.

Character Trait **P2** + Character Skill



# Admirals

# Spreading



# SMILES!



Values-in-Action in ADPS

**SCHOOL-WIDE:  
Project Hongbao  
Collaboration  
with  
TTSH**

**LEVEL-BASED:  
An Attitude of  
Gratitude to our Unsung  
Heroes!**

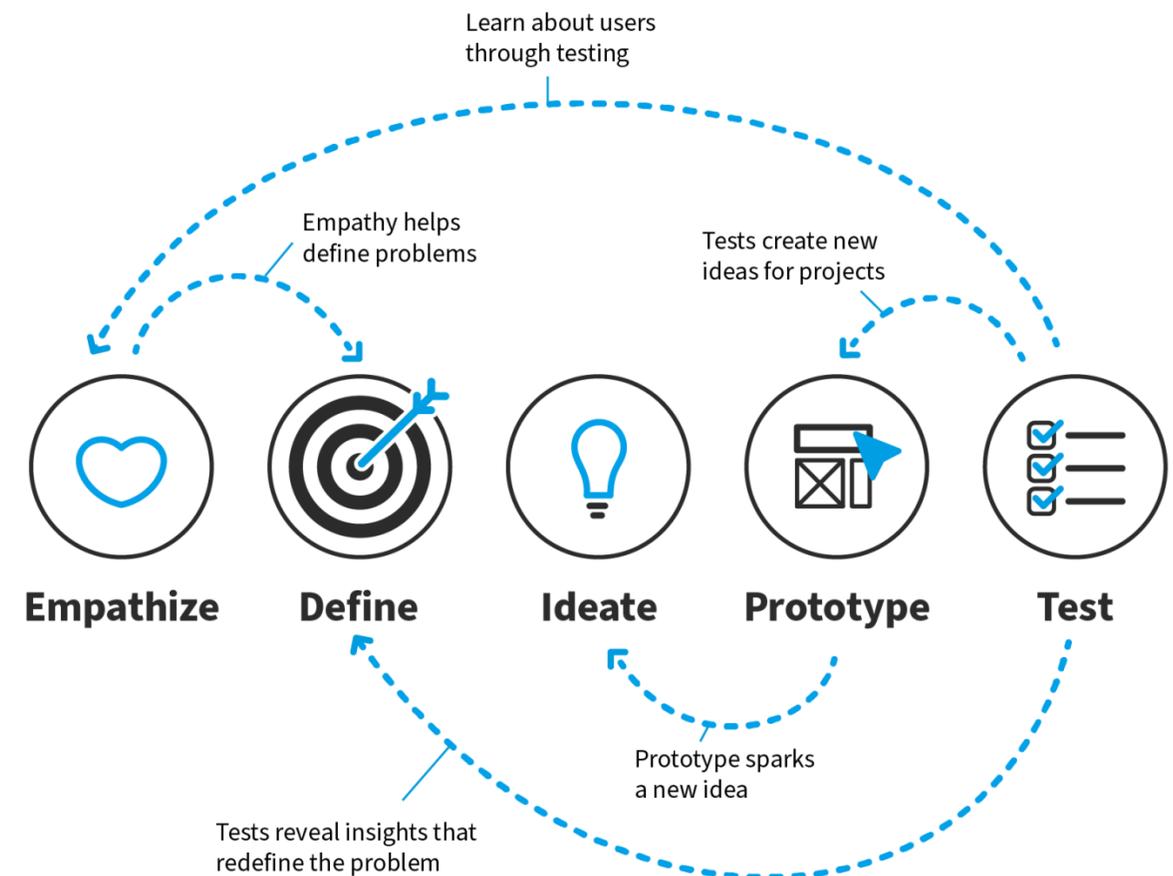
APPLIED LEARNING PROGRAMME

# Designing THE FUTURE



**Design thinking: Problem-solving approach centered on empathy and continuous improvements.**

Level	Focus
Primary 1	Improving the cleanliness of the classroom
Primary 2	Creating a product that addresses a need of the user





# Support Network

**Form Teachers**

**Subject &  
CCA Teachers**

**Year Head & CCE  
team**

**Student Management & Leadership  
team**

**Support Teachers  
(Student with Education Needs Officer, School Counsellor)**

**School Leaders**



## How do I support my child without exams?

Formative assessments conducted at regular checkpoints can provide our children with ongoing opportunities to check on and consolidate their learning as they go.

Talking to your child to find out about his/her “day-to-day” learning experience in school.

This will help your child reflect on his/her learning, and help him/her remember the lesson better.



# Class Allocation (P2 to P3)

- Students are placed in mixed ability classes based on feedback on students' learning progress/disposition.
- Factors like gender mix, ethnic mix and combination of students in every class are taken into careful consideration.
- Better caters to the learning needs of the students and teaching pedagogies can be customised accordingly to students' needs



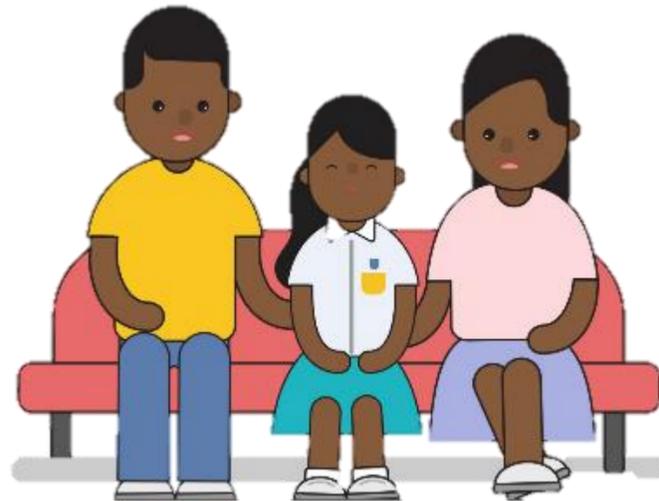
# ENCOURAGE JOY OF LEARNING

Support your child to set their goals for the year

Have regular conversations

Guide your child to relate well with others

Help your child ease back into school again



Support your child and help them build good habits



# Monitoring and Supporting Student Well-Being

- MOE Check-in Lesson Activity at the start of every term where students share their experiences and emotions with their form teachers.  
Check -In Surveys online.
- One-to-one chat with form teachers.



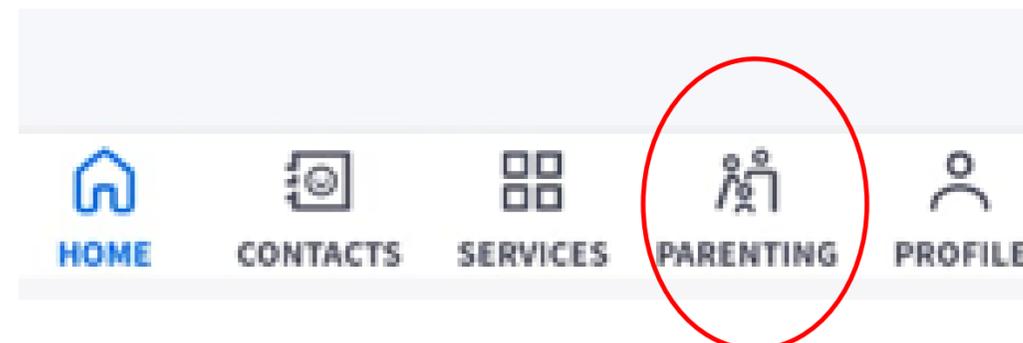
# Parenting Resources with MOE



1. Via Parenting-focused Instagram account
  - ❖ share tips and MOE resources, celebrating the ups and downs of their parenting journey, and growing with them as a community by inspiring and supporting each other through shared experiences.
2. Via Parent Kits <https://www.moe.gov.sg/parentkit> for various parent kits, as shown in the table below.



3. Parents Gateway





# Our Beliefs in School-Parent Partnership

- ★ **Parents and school should work together with a common understanding in developing the child holistically.**
- ★ **Through partnership and shared responsibility, we can increase the achievement and success of every child.**



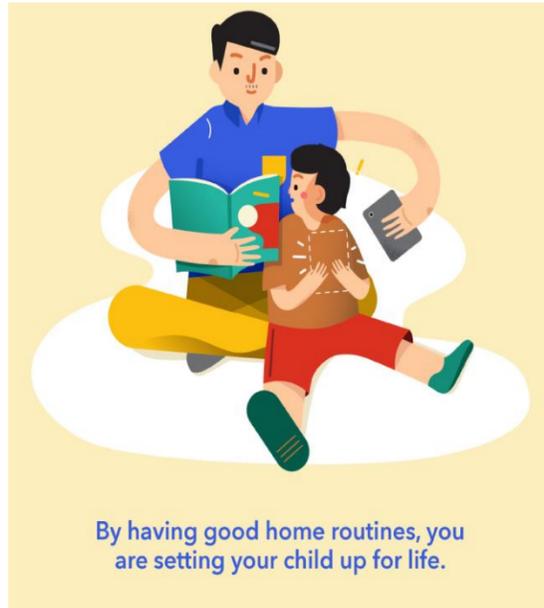
# Positive Parent-Teacher Relationships

A positive parent-teacher relationship is built on **effective communication**, **mutual respect**, and a **shared commitment** to the child's growth and success.

- ★ Work collaboratively with our teachers
- ★ Seek to clarify
- ★ Let your child learn to be accountable and take charge of his/her own learning



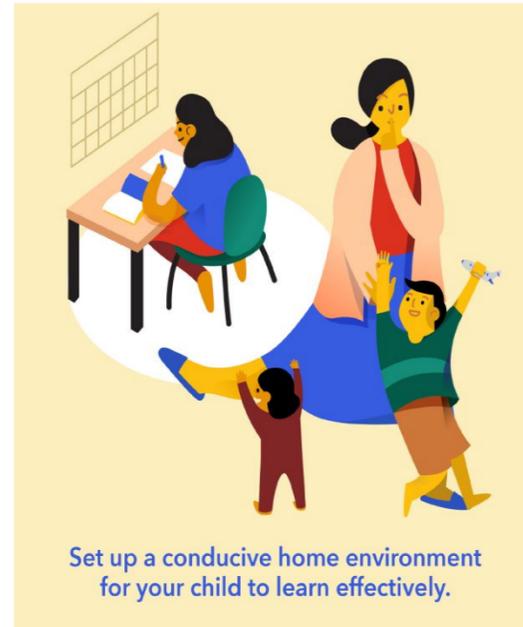
# What can you do?



By having good home routines, you are setting your child up for life.



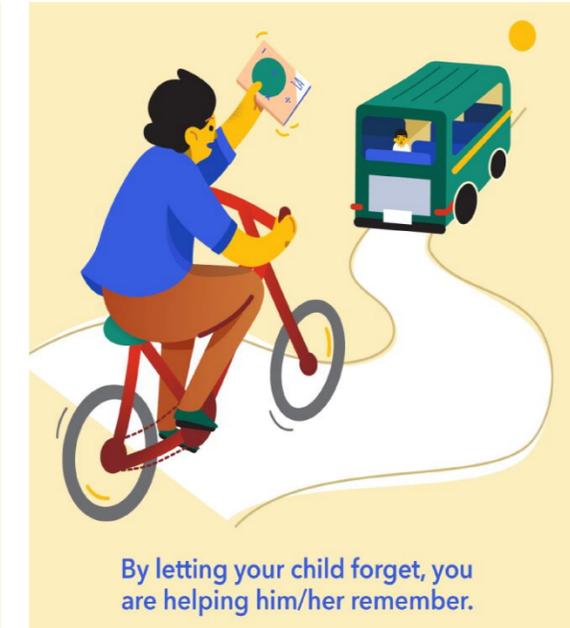
If you do your child's homework, he/she will lose the opportunity to learn.



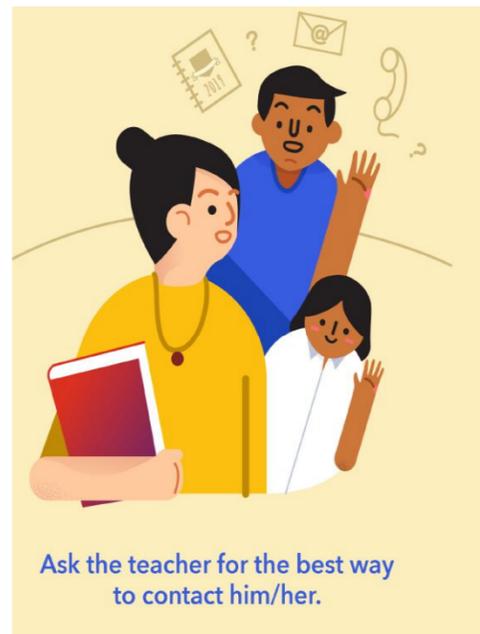
Set up a conducive home environment for your child to learn effectively.



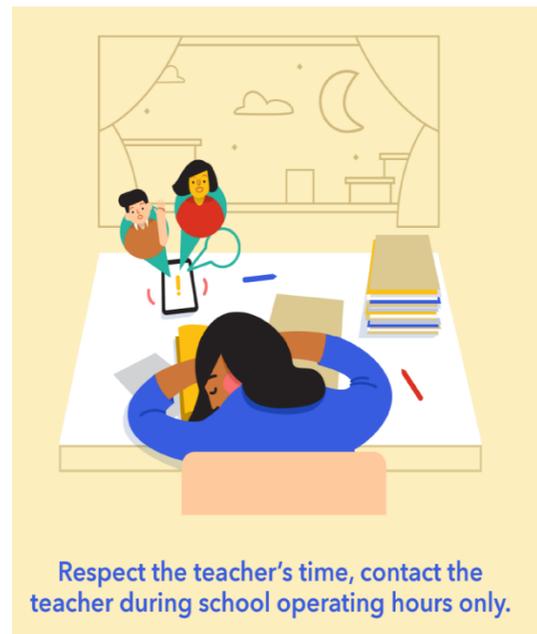
If you keep going to the teacher for daily updates, your child will miss the chance to learn about responsibility.



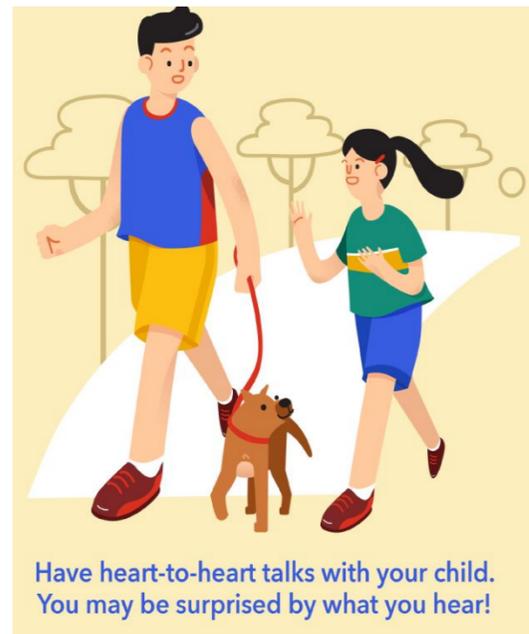
By letting your child forget, you are helping him/her remember.



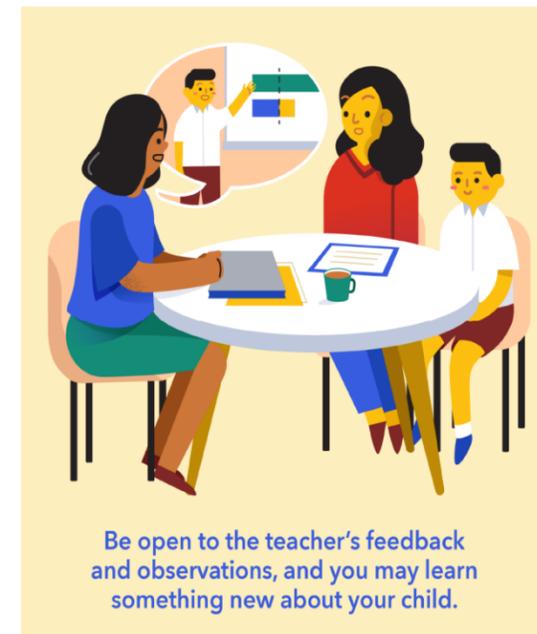
Ask the teacher for the best way to contact him/her.



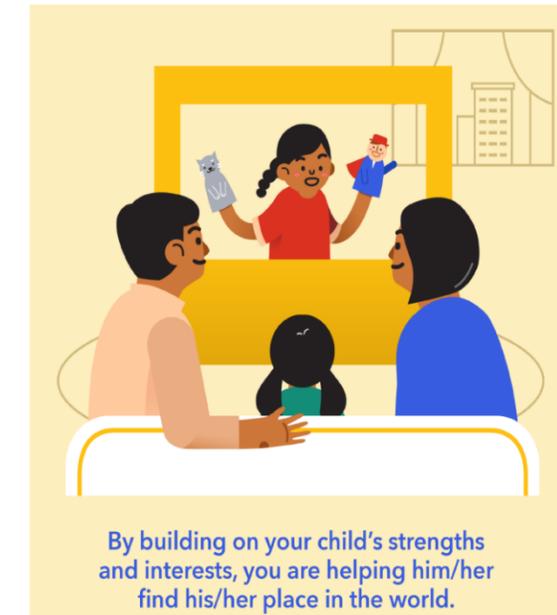
Respect the teacher's time, contact the teacher during school operating hours only.



Have heart-to-heart talks with your child. You may be surprised by what you hear!



Be open to the teacher's feedback and observations, and you may learn something new about your child.



By building on your child's strengths and interests, you are helping him/her find his/her place in the world.



# Cyber Wellness

It's more than saying no to devices.



# What is Cyber Wellness?

**Cyber Wellness** is the ability of our children and youth to navigate the cyberspace safely.

This is done through our **Character and Citizenship Education (CCE) curriculum** which aims to:

- **equip students with the knowledge and skills** to harness the power of Information and Communication Technology (ICT) **for positive purposes;**
- maintain a **positive presence in cyberspace;** and
- be **safe and responsible users of ICT.**

Through the curriculum, your child learns knowledge and skills to have **balanced screen use, be safe online, and exhibit positive online behaviours.**

## Resources

Scan here to find out more about MOE's Cyber Wellness curriculum:



<https://go.gov.sg/moe-cw-education>

# Primary 1 and 2

During  
CCE(FTGP)  
lessons,  
students will  
be taught:

## Basic online safety rules

- Talking to only people you know

## Cyber Contacts

- Understand that the profiles of strangers that we see online may not be their real identities
- Recognise the dangers of chatting with strangers online

## Importance of a balanced lifestyle

- Especially in exercise, sleep and screen time for health and well-being

## Protecting personal information

- Understand the risks of disclosing personal information



**Family Chat Time!**  
Share with your family members:

- What are the safety rules I must follow to keep myself safe online?
- What do I know about tricky people?

My child/ward knows how to keep safe in the cyberworld!

\_\_\_\_\_  
Parent's / Guardian's signature



Explore Cyber Wellness messages with your child through the **CCE (FTGP) Journal** by participating in “Family Time” activities in the journal.



# School Programmes and Initiatives

- Cyberwellness programmes in 2026:

## Group

## Focus

## Key Activities

**Students (masses)**

Foundational literacy for all students.

"Cyber-clips" screened during HSB & lunch break, assembly talks, FTGP lessons in class, SLS lessons, workshops such as virtual escape room etc.

**Parents**

Support for students

Resources (videos, newspaper articles, workshops) shared with parents via PG,

**Identified students**  
(eg Cyber-Wellness Ambassadors/digital leaders/at-risk students)

Crisis intervention and recovery.

Workshops, One-on-one counseling for at-risk students of cyberbullying, game addiction and screen addiction

# Assembly talk on internet security





# School Rules on Digital Device Use

The school **DOES NOT** allow students to use \*unauthorized electronic devices in school.

*\*Mobile phones, smartwatches, headphones, earbuds etc., that are capable of capturing, storing, displaying and/or transmitting visual, audio or verbal information*

## 1. Reasons for Not Allowing

- Examination guidelines state that students are not to be found in possession of unauthorized electronic devices during examinations.
- Mobile phone and smart watch with calling and messaging functions are disruptive to teaching and learning in the classroom, as students can be distracted by calls, messages, or using the social media, multimedia and internet functions of these devices.

## 2. Learning Device Usage

- All students are not required to bring learning devices to school
- Students can access computing devices for in-class use while supervised by teachers

Parents can refer to Admiral's Companion Book and School Website for Unauthorised Electronic Device Policy.



# Cyberbullying

Building Resilience and Character  
while creating safe spaces for our children



A 2025 Digital Parenting Survey (MDDI) found that **more than 50%** of parents are concerned about cyberbullying.

MOE supports parents with resources related to children's mental well-being, cyber wellness, and strengthening parent-child relationships.

Through **CCE lessons**, students understand that bullying and cyberbullying is wrong, and acquire skills to:

- cultivate empathy and be kind
- manage differences and resolve disagreements respectfully
- be assertive, manage negative influences and seek help
- stand up against bullying and support peers affected as upstanders and peer supporters,





**THANK YOU**

# Form Teacher's Time

Please log in to the link sent by the form teachers in your respective communication platforms (for example: class dojo)

# Additional Resources



# Additional Resources:

## *Parenting for Wellness*



FOR MORE BITE-SIZED, PRACTICAL TIPS AND STRATEGIES ON BUILDING STRONG PARENT-CHILD RELATIONSHIPS, SUPPORTING YOUR CHILD'S MENTAL WELL-BEING AND PARENTING IN THE DIGITAL AGE, SCAN THE QR CODE ABOVE TO DOWNLOAD A COPY OF THE **PARENTING FOR WELLNESS TOOLBOX FOR PARENTS**.

Scan here to access the PFW Toolbox for Parents:



YOU CAN ALSO ACCESS THE **PARENTING FOR WELLNESS WEBSITE** ON PARENT HUB (HOSTED BY HPB) FOR PERSONALISED ACCESS TO THE FULL CONTENT!

## *Positive Use Guide on Technology and Social Media*

Scan here to access the Positive Use Guide:



THE **POSITIVE USE GUIDE ON TECHNOLOGY AND SOCIAL MEDIA** DRAWS ON RESEARCH TO SUPPORT FAMILIES AS THEY NAVIGATE THE DIGITAL LANDSCAPE TOGETHER. IT OFFERS STRATEGIES FOR BALANCED SCREEN TIME, HOW TO BUILD HEALTHIER DIGITAL HABITS AND PROVIDES TOOLS LIKE SELF-CHECK WORKSHEETS AND CURATED RESOURCES. SCAN THE QR CODE ON THE LEFT TO ACCESS THE GUIDE ON THE DIGITAL FOR LIFE WEBSITE.

### Positive Use Guide

Evidence-Based Insights on the Impact of Digital Devices on Child and Adolescent Wellbeing



# Compilation of Useful Resources

You can access all digital parenting resources shared throughout this slide deck by scanning this QR code or click [here](#)! *Send this link via PG to your parents too for their easy access.*

These resources focus on:

- Managing Device Use
- Respectful Communication
- Role-modelling healthy habits
- Fostering Real Connections
- Unlocking their First Smartphone or Smartwatch
- Playing Online Games
- Accessing their First Social Media Accounts
- Cyberbullying
- Parenting for Wellness
- Positive Use Guide
- Grow Well SG

**#15 Resources** on tips and strategies to support your child when they might be a cyberbully are available at the end of the presentation.



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[https://go.gov.sg/cwresources-parent](https://go.gov.sg/cwresources-parents)

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# Parenting Resources on Parents Gateway (PG)



Discover rich and customisable parenting resources on topics such as preparing for Primary 1, forging parent-child relationships and education pathways.

